

OB FACT SHEET

Congratulations! Here is some information to guide you through your pregnancy.

ROUTINE LABORATORY TESTS:

Intake Visit:	CBC Rubella HIV Thyroid	Blood Type and Antibody Screen Syphilis Hepatitis B antibody
First Prenatal Appt.:	Chlamydia and Gonorrhea Culture, PAP Smear	
9-18 Weeks:	Genetic testing detailed below	
18-20 Weeks:	Sonogram (at Radiology facility)	
26 Weeks:	Hemoglobin and Hematocrit Glucose Tolerance Test	
30 Weeks:	Antibody Screen if Rh Negative	
35-37 Weeks:	Group B Strep (GBS) Screen	

Several Options are available for screening or detection of genetic abnormalities (such as Down Syndrome). Every couple needs to choose which test (if any) is right for them based on risk and cost.

Nuchal Translucency is a sonogram of the baby's neck and a blood test at 11-14 weeks. It has no risk and can pick up 87% of Down Syndrome, but it has a false positive rate of 5%.

Quad Screen is a blood test that is done between 15 and 20 weeks. It has no risk and can pick up 81% of Down Syndrome with a false positive rate of 5%. The **Single AFP** test detects 80% of neural tube defects.

CVS is taking placental cells by a needle for testing between 10 and 12 weeks. Test results are available within one week and are almost 100% accurate. The risk of miscarriage is 1%.

Amniocentesis uses a needle to draw out amniotic fluid for testing between 15 and 20 weeks. Results take 2 weeks and are 100% accurate. The miscarriage rate is 0.5%.



OB FACT SHEET 2

Our three doctors deliver at Fair Oaks Hospital, taking call in rotation. You will be able to meet all the doctors and the Nurse Practitioner during your prenatal visits. The visit schedule is usually every four weeks to 28 weeks, then every 2 weeks until 36 weeks, and then every week until delivery.

You may be offered vaccinations in the hospital after delivery – for Rubella if you are not immune, for Influenza or for Pertussis.

We encourage all couples to take childbirth classes in preparation for your first delivery. Breast-feeding classes are also very helpful. Brochures are available at the checkout desk or at the hospital website www.inova.com.

The fee for vaginal delivery is \$4000 and \$4400 for Cesarean delivery. This includes routine prenatal visits, delivery, and postpartum care. It does not include visits for non-pregnancy related problems, lab or radiology charges, non-stress tests, circumcision or hospital charges. Anesthesia, Neonatology, Radiology and Pathology may also charge for their services. We participate with many insurance companies – each writes its' own contract. We will help you determine your financial responsibility for this pregnancy – **this must be met by 30 weeks**. We will submit our bill to your insurance company after you deliver.

Greenbriar OB-GYN and Inova Fair Oaks Hospital participate with the **Virginia Birth Related Neurological Injury Compensation Program**. Please see the brochure for more information.

We are available for you night or day at (703) 359-5900. The office is open 8 to 3:30 Monday through Thursday, and 8 to 1:00 on Friday. Please save the after-hours service for emergencies only. If you do not get a response from us within 30 minutes – go to the hospital.